

February 2010 Schedule- X Fitness Bootcamp and Running Group

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 BOOTCAMP Class 630-715pm	3	4 BOOTCAMP Class 630-715pm	5	6 FREE Run Group 10am meet at X Fitness (5K Merritt Island)	7
8	8 BOOTCAMP Class 630-715pm	10	11 BOOTCAMP Class 630-715pm	12	13 FREE Run Group 10am meet at X Fitness (5K Merritt Island)	14
15	15 BOOTCAMP Class 630-715pm	17	18 BOOTCAMP Class 630-715pm	19	20 FREE Run Group 10am meet at X Fitness (5K Merritt Island)	21
22	22 BOOTCAMP Class 630-715pm	24	25 BOOTCAMP Class 630-715pm	26	27 FREE Run Group 10am meet at X Fitness (5K Merritt Island)	28
			<p>Full Month only \$40 Attend as many BOOTCAMP classes as you like – 8 total/month</p> <p>FREE Saturday running group included with purchase of: i) \$40 BOOTCAMP class package, or ii) any X Fitness membership (men and women welcome to run)</p>			

Note: Bootcamp is for **WOMEN ONLY**